



OMEGA-3

DESCRIPTION

When research showed that Greenland Eskimos and the Japanese enjoy remarkable cardiovascular health, scientists began delving for the reason. They discovered that these cultures consume foods rich in omega-3 fatty acids. Today, the benefits of these important compounds are widely known and recognized.

Identified as essential elements for good health, omega-3 fatty acids are not made naturally by the body, so they must be consumed through the diet. Primarily available in cold-water fish including salmon, tuna, mackerel, and halibut, omega-3 fatty acids are also found in tofu, soybeans, nuts, and canola oils.

Modere Omega 3 is an exclusive formula that contains the critical compounds known for contributing to the normal function of the heart.

FEATURES & BENEFITS

- Sustainably harvested source of EPA and DHA.
- Supports blood lipids and maintenance of healthy body systems.
- Contains vitamin E, which contributes to the protection of cells from oxidative stress.
- Contains Eicosapentaenoic acid (EPA) and Docosahexaenoic acid (DHA), which contribute to the normal function of the heart.
- A combination of the highest quality fish oils are tested to ensure they are free from bacteria, heavy metals, and PCBs.



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KEY INGREDIENTS

- **Eicosapentaenoic acid (EPA) and Docosahexaenoic acid (DHA)** – Found in fish oil, these long-chain polyunsaturated fatty acids contribute to the normal function of the heart.
- **Vitamin E** – An integral component of cell membranes, this vitamin contributes to the protection of cells from oxidative stress.

INGREDIENTS

Fish oil [eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA)], fish gelatine, humectant: glycerine, water, d-alpha tocopheryl acetate, soybean oil.

FACTS

Directions

Take one softgel three times daily with a meal.

Size

60 tablets

Allergy Advice

Contains: soy

Product code

16003GB/BE

Companion products

Protozymes, Mineral Classic or Solutions, Hawaiian Noni, Adult Multivitamin, Green Qi.